Fifth Semester B.A Degree Examination

Branch: Sociology

SG 1551.1 LIFE SKILL EDUCATION

Time: 3 Hours Max Marks: 75

PART - A

Answer all ten questions. Each question carries 1 mark (one word to maximum two sentence each)

Write a note on the following

- 1. Self esteem
- 2. Emotional quotient
- 3. Life skill
- 4. Social deprivation
- 5. Critical thinking
- 6. Hard skill
- 7. Role play
- 8. Sick personality
- 9. Competency matrix
- 10. Assertiveness

(10 x 1 = 10 Marks)

PART - B

Answer any eight questions. Each question carries 2 marks (not to exceed one paragraph each)

- 11. Explain leadership skills.
- 12. Describe the importance of hard skill.
- 13. Explain capability approach proposed by Amartya Sen.
- 14. Define personality.
- 15. Write a short on self control.
- 16. What are the steps in problem solving?
- 17. Explain the element of emotional intelligence.
- 18. Describe components of like skill.
- 19. What is communication skills?

- 20. What are the benefits of conflict resolution?
- 21. Explain the need for life skill based education.
- 22. Explain the categories of stock personally.

 $(8 \times 2 = 16 \text{ Marks})$

PART - C

Answer any six questions. Each question carries 4 marks (not to exceed 120 words)

- 23. Delineate the four pillars of life skill education.
- 24. Explain the need for the promotion of soft skill.
- 25. What are the top skills employer look for?
- 26. Delineate the ways to develop assertiveness in individual.
- 27. Distinguish between problem solving and critical thinking.
- 28. Explain how we can enhance our capabilities through life skill education.
- 29. Explain positive thinking
- 30. What are the techniques to improve soft skills?
- 31. Distinguish between healthy personality and sick personality.

 $(6 \times 4 = 24 \text{ Marks})$

PART - D

Answer any two questions. Each question carries 15 marks (Long essay)

- 32. Define life skills. Describe the concept of life skill based education.
- 33. Explain the techniques to improve soft skills and hard skills.
- 34. Define soft skill. What are the elements of soft skill?
- 35. Define personality and discuss the major determinants of personality development.

(2 X 15 = 30 Marks)